

Scogym

Redskaber til motorisk træning for iagttagede aktiviteter
motor skills equipment for supervised



wesco

Introduction

I børnehaven/indskolingen:

.... Ved at udbygge deres bevægelsesmønstre opbygger børn deres selvtillid;
deres evner udvikles ved hver ny udfordring.

De bliver i stand til:

- På eget initiativ at udvikle deres basale bevægelser i omgivelserne: løbe, klatre, hoppe, glide, falde, lande, trække, skubbe, tillidsfuldt at anvende redskaberne.
- Udvikle deres selvtillid på en sikker måde:

alsidigheden i bevægelsesmønstre sætter læreren/pædagogen i stand til at skabe meget varierede handlebaner for børnene:

- skabe lege til udvikling af motorikken
- opdage deres egne fysiske evner
- udvide og udvikle deres bevægelsesmønstre
- "løbe en risiko" og udvikle deres koordination ved mere komplekse øvelser
- sammensætte en motorisk serie

for at "opnå en rigtig motorik"

At infant/primary school:

...Children build their confidence by extending their range of movements; their abilities become more developed with each additional challenge.

They will be able to :

- Use their own initiative in their surroundings to develop basic movements: running, climbing, jumping, sliding, falling, landing, pulling, pushing, handling the equipment with confidence.
- Develop their self confidence in a safe manner.

The versatility of this range means that the teacher can set out a wide variety of layouts for the children :

- create motor skills education games
- discover their own physical capabilities
- develop their actions
- enlarge upon their movements
- take risks and develop co-ordination in more complicated exercises
- put together a sequence of motor skills movements

to "achieve real motricity"

3-8 år
3-8 years



Scogym bør kun anvendes under opsyn af en voksen, der har ansvaret for en iagttaget udviklingsaktivitet. Velegnede til strukturerede og frie aktiviteter.

Scogym must only be used under the supervision and responsibility of qualified professional, as part of a monitored educational activity. Suitable for structured and free activities.

Samle / Assemble p. 6



Bygge Opdage / Build Discover p. 8



Handlebaner / Layouts p. 10

⇐ balance / balance p. 10

⇐ klatre bestige / climb scale p. 14

⇐ hoppe over kravle over / jump over climb overppen p. 16

⇐ kravle glide / crawl slide p. 18



Store handlebaner / Bigger layouts p. 22

Elementer / Components



ref. 32008-32017-32018



ref. 21811-1751-1752



ref. 21812-1753-1754



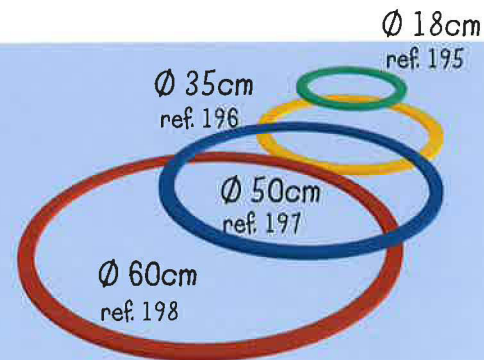
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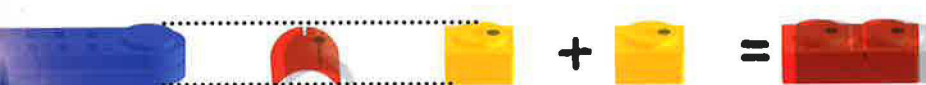
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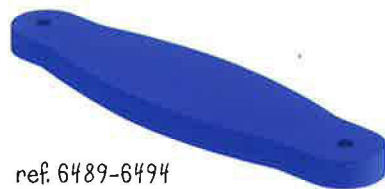


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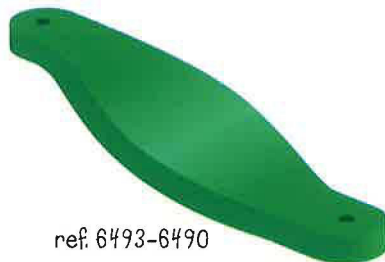


4





ref. 6489-6494



ref. 6493-6490



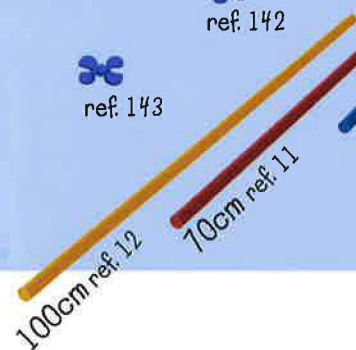
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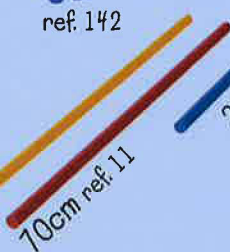
ref. 143



ref. 142



100cm ref. 12



70cm ref. 11



30cm ref. 10



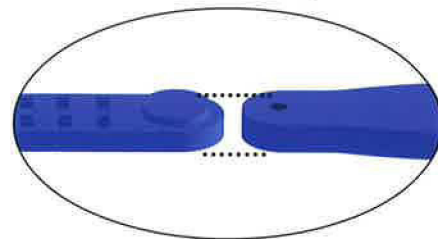
4,5m ref. 1116



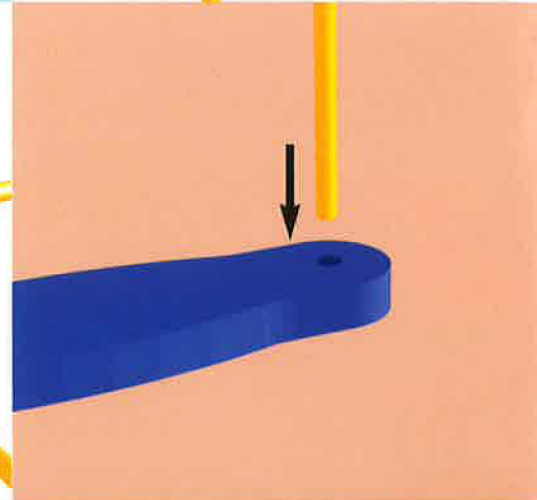
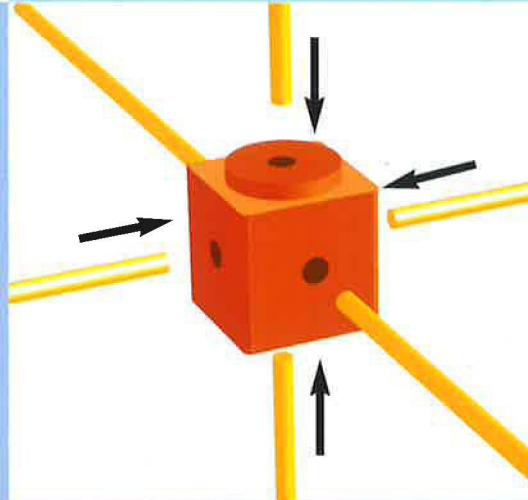
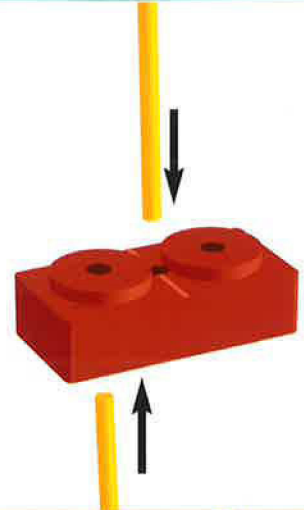
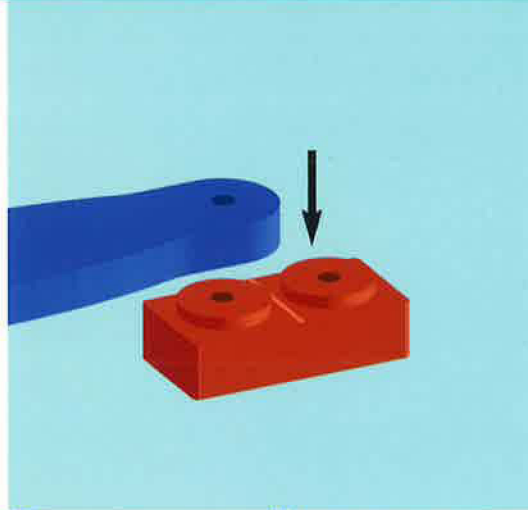
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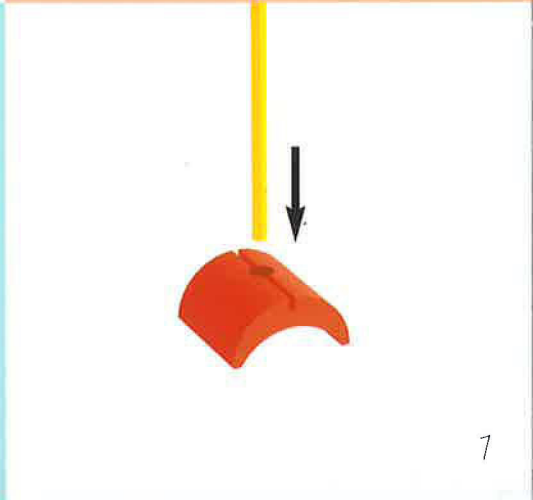
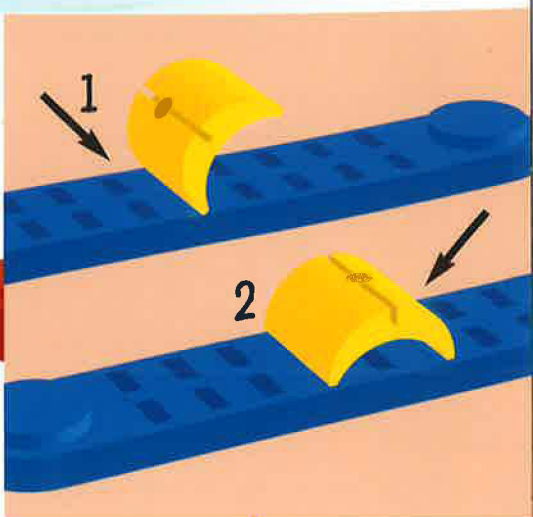
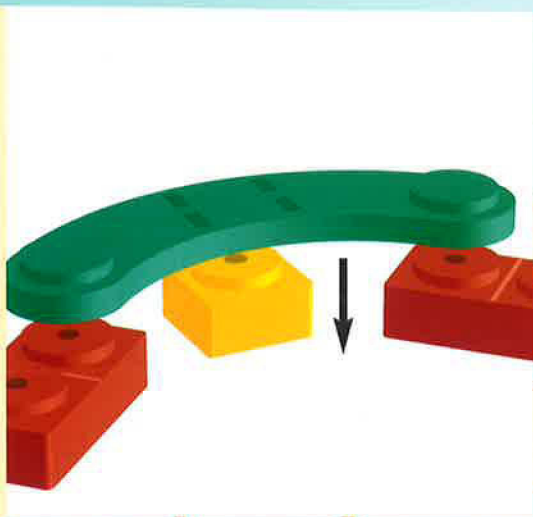


Ø 4 - 5,5 - 7 cm
ref. 1117



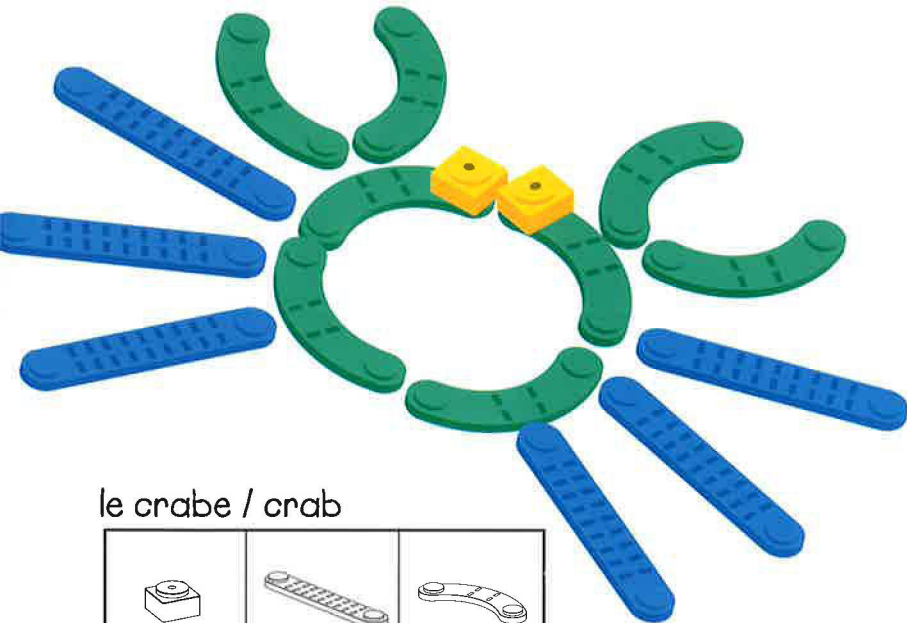
Samle / Assemble





Bygge – Opdage / Build Discover

to - dimensionalt / in 2 dimensions



le crabe / crab

		
2	6	8



le serpent / snake

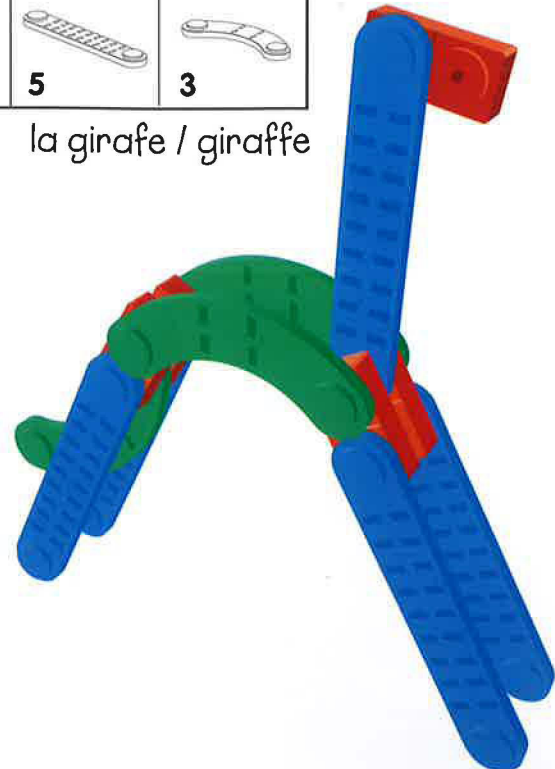
	
2	7

tre - dimensionalt / in 3 dimensions



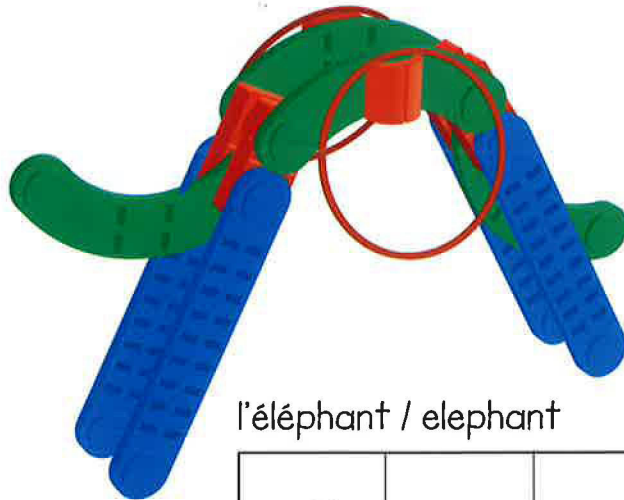
 5	 5	 3
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la girafe / giraffe



l'éléphant / elephant

 4	 1	 2
 4	 4	 2



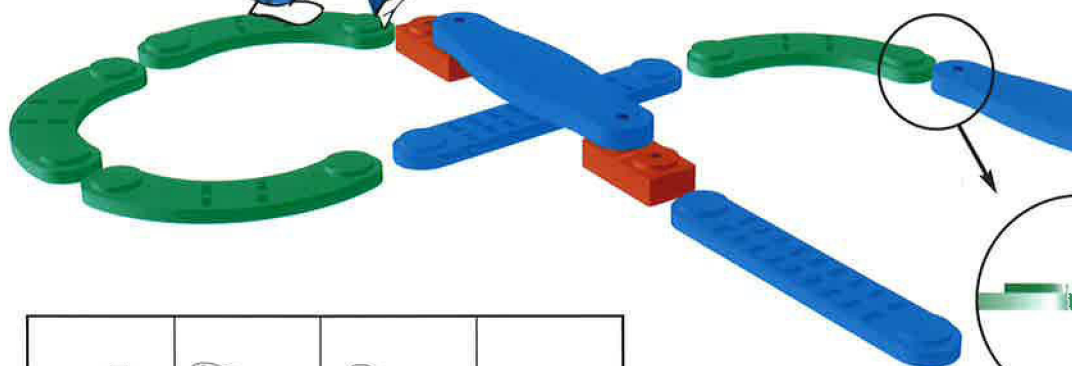


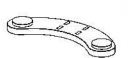
Handlebaner / Layouts

balancere / balance

 1	 1	 12
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2	2	2	4

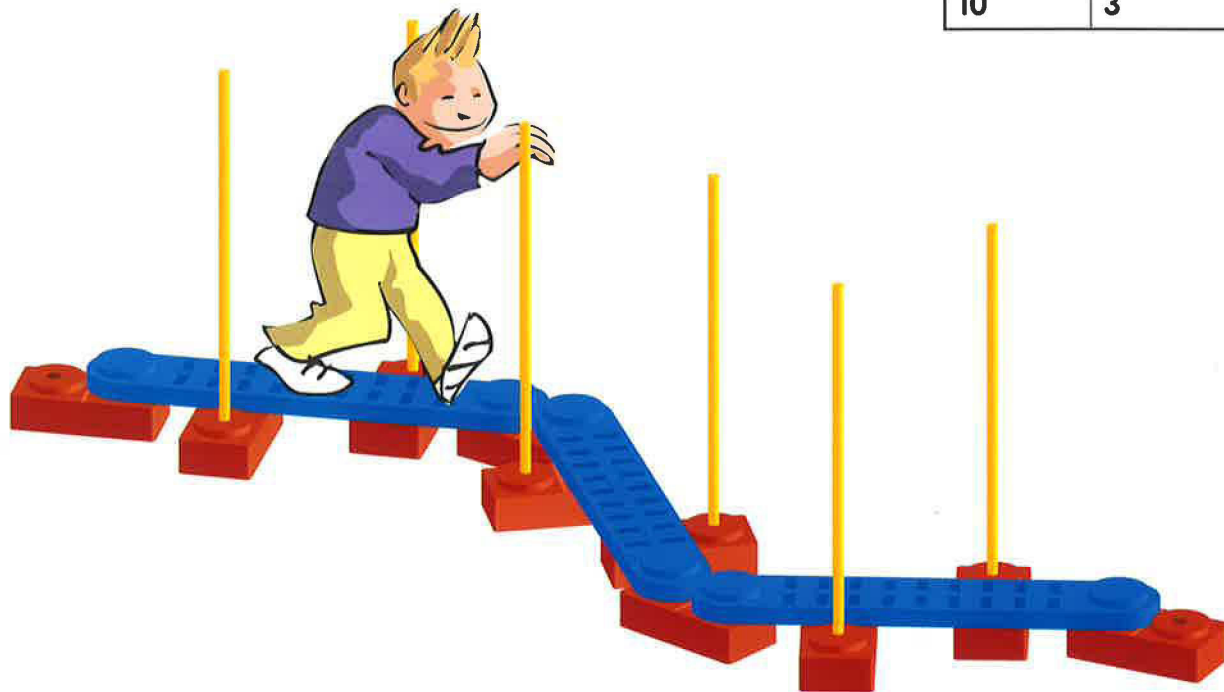




Handlebaner / Layouts

balancere / balance

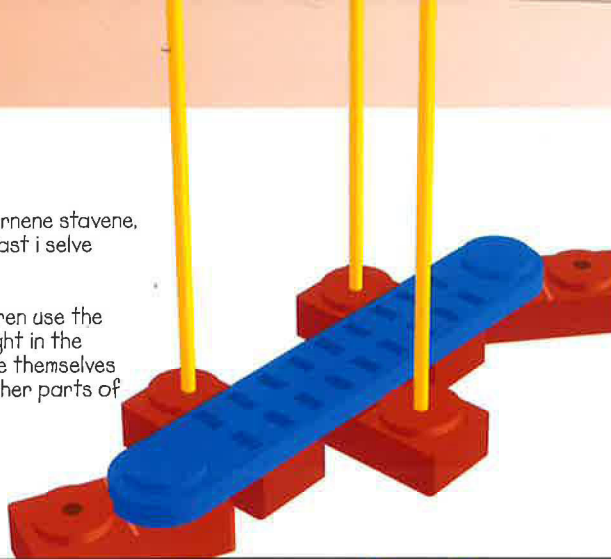
 10	 3	 6
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1

Først bruger børnene stavene, mens de er sat fast i selve konstruktionen.

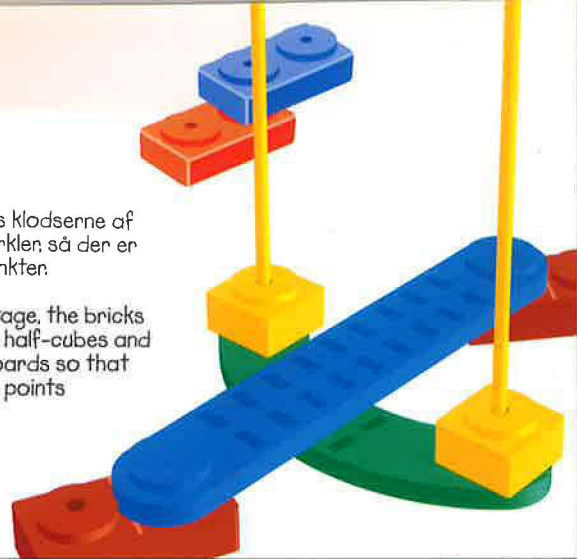
At first the children use the poles fixed upright in the bricks, which are themselves connected to other parts of the structure.



2

Senere erstattes klodserne af halv- og kvartcirkler, så der er færre støttepunkter.

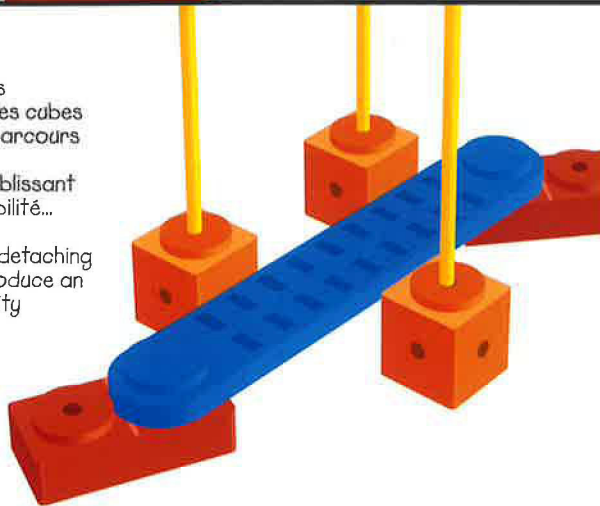
In the second stage, the bricks are replaced by half-cubes and quarter-circle boards so that there are fewer points of support.



3

...Puis remplacez les demi-cubes par des cubes désolidarisés du parcours afin d'augmenter la difficulté en établissant une notion d'instabilité...

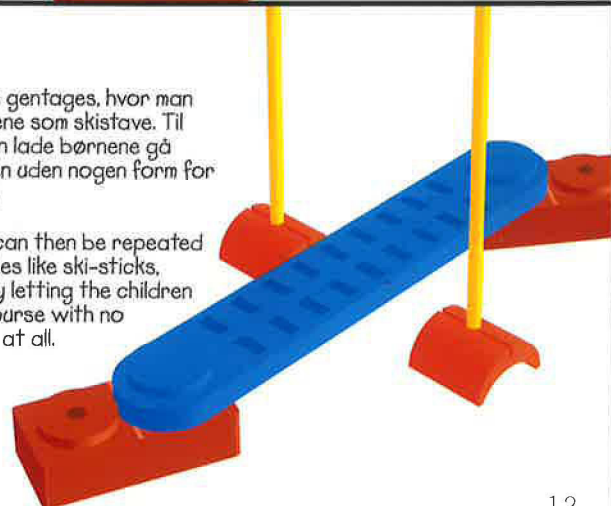
This step involves detaching the bricks, to introduce an element of instability



4

Forløbet kan gentages, hvor man bruger stavene som skistave. Til sidst kan man lade børnene gå gennem banen uden nogen form for støttemidler.

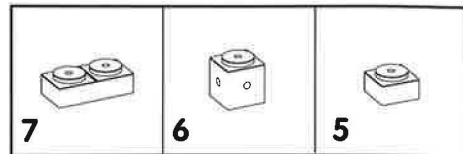
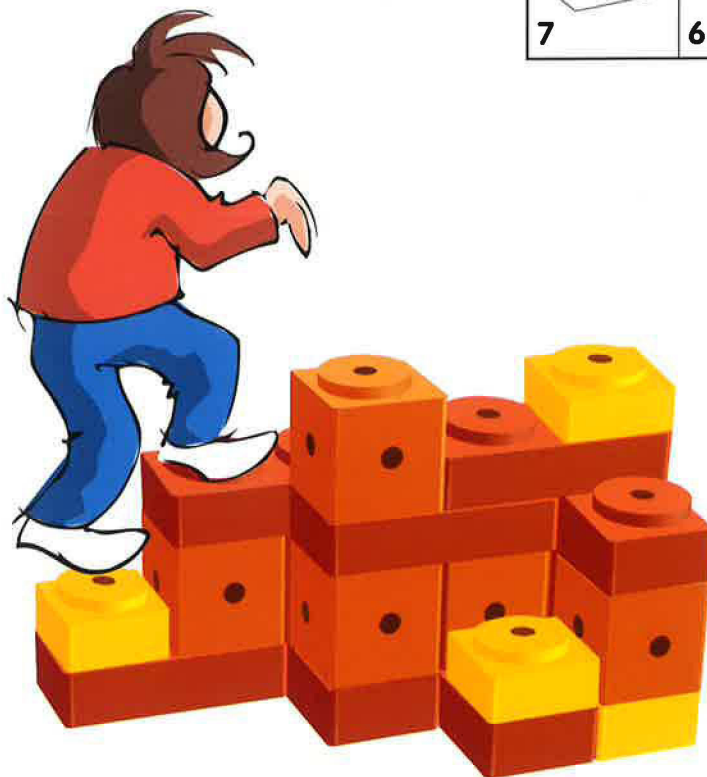
The course can then be repeated using the poles like ski-sticks, before finally letting the children cover the course with no accessories at all.

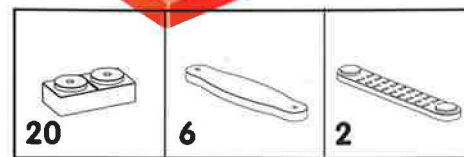
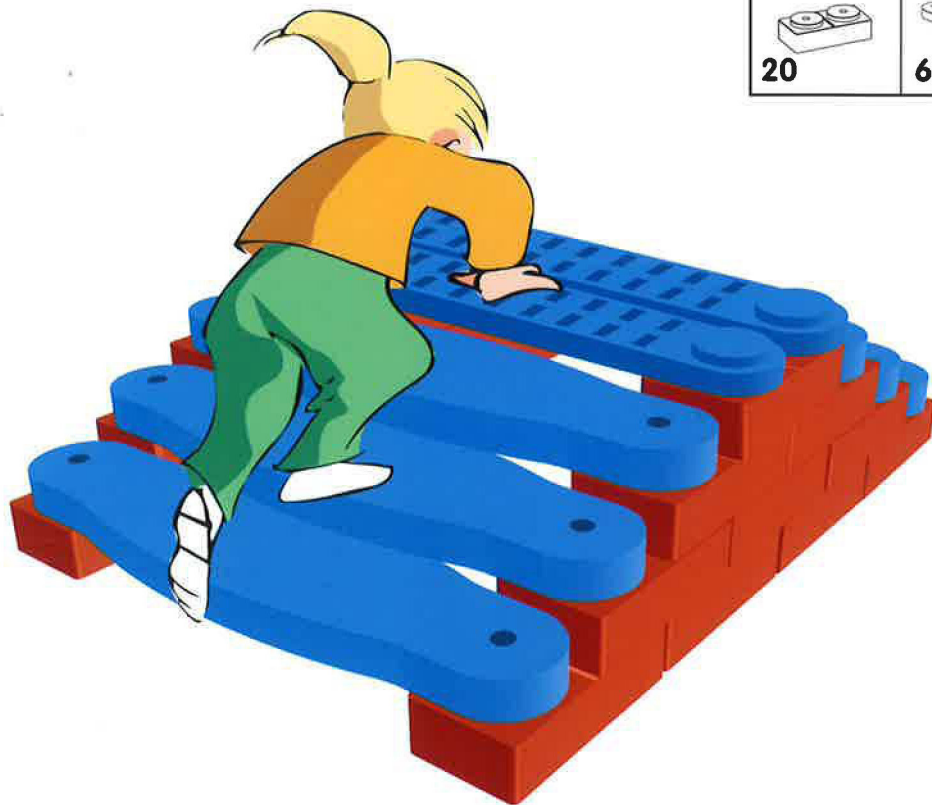




Handlebaner / Layouts

klatre - bestige / climb - scale





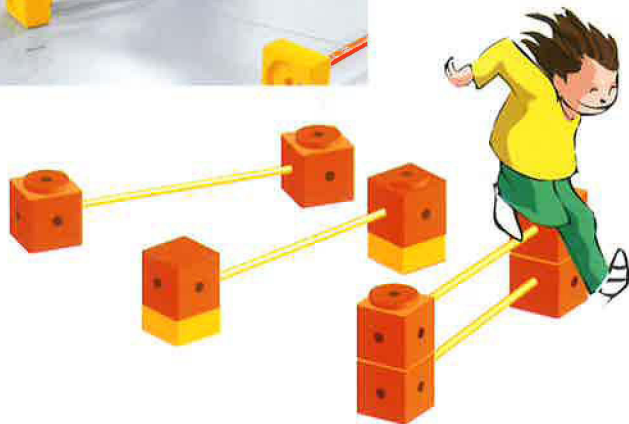


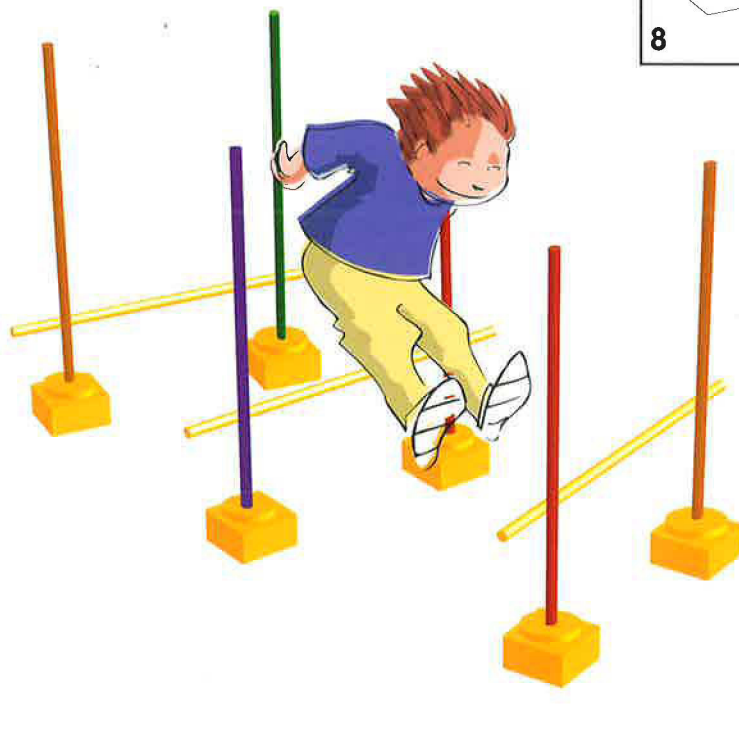
Handlebaner /

hoppe over - kravle over / jump over - climb over

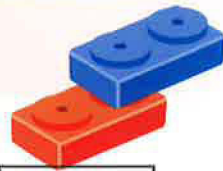


 6	 8	 2	 5	 5
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 8	 12	 8
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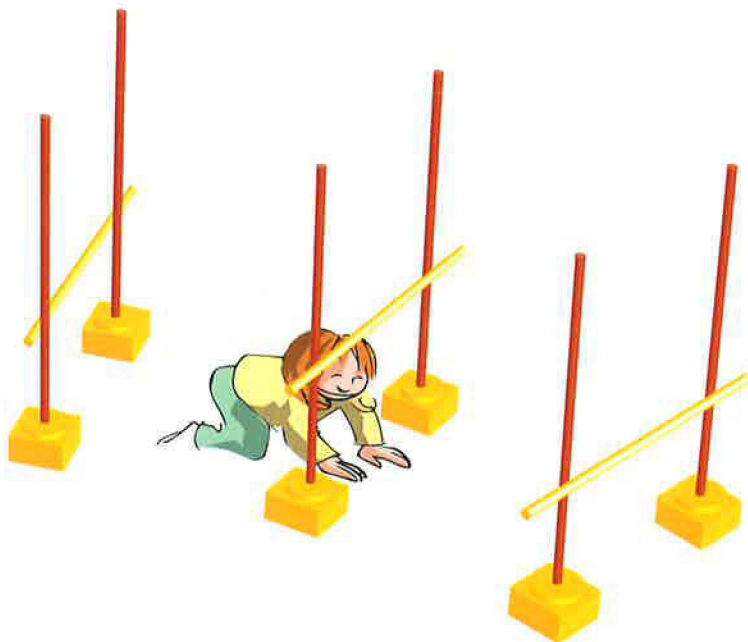
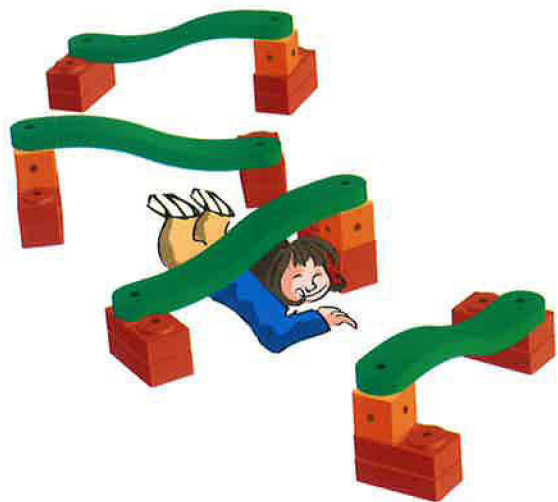


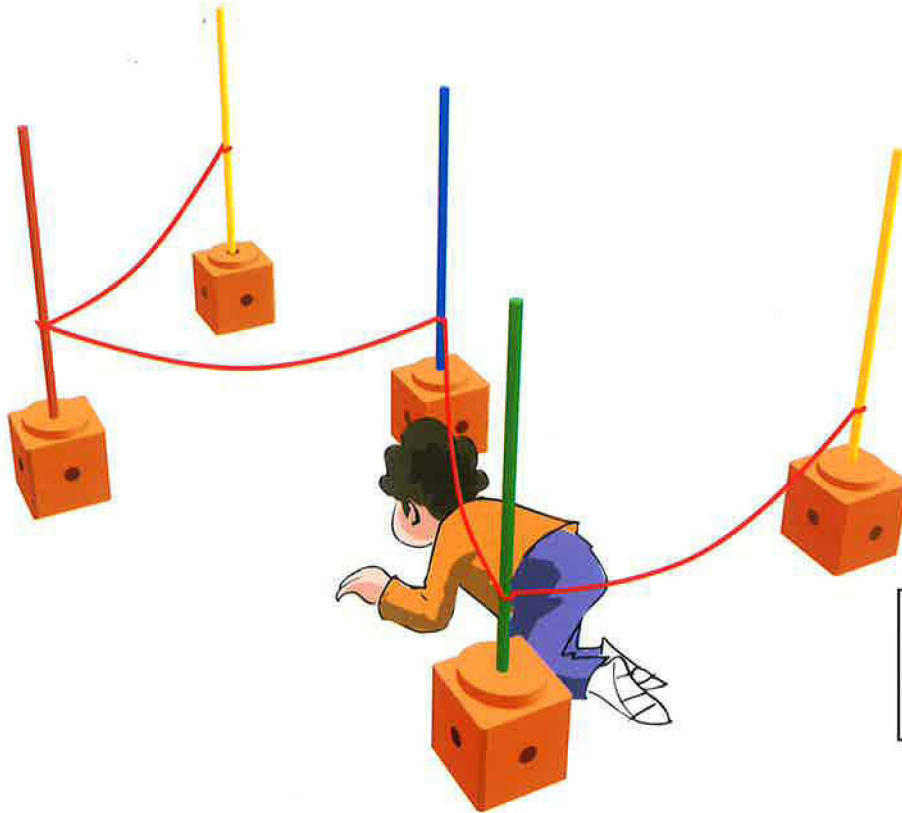


Handlebaner / Layouts

kravle - glide / crawl - slide

					
16	4	6	4	9	6





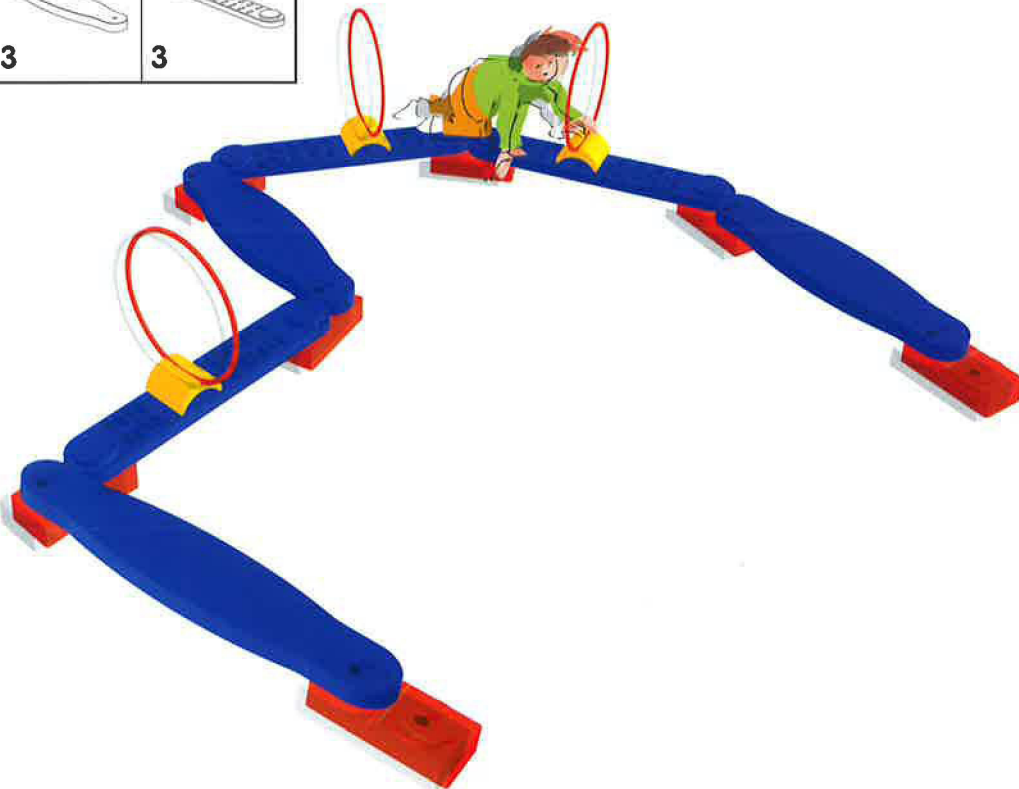
 5	 5	 1
---	---	---

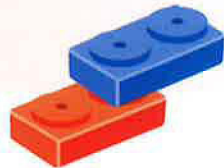


Handlebaner / Layouts

kravle - glide / crawl - slide

 7	 3	 3	 3
 3			





								
2	2	4	1	2	1	4	4	4

Store handlebaner / Bigger layouts

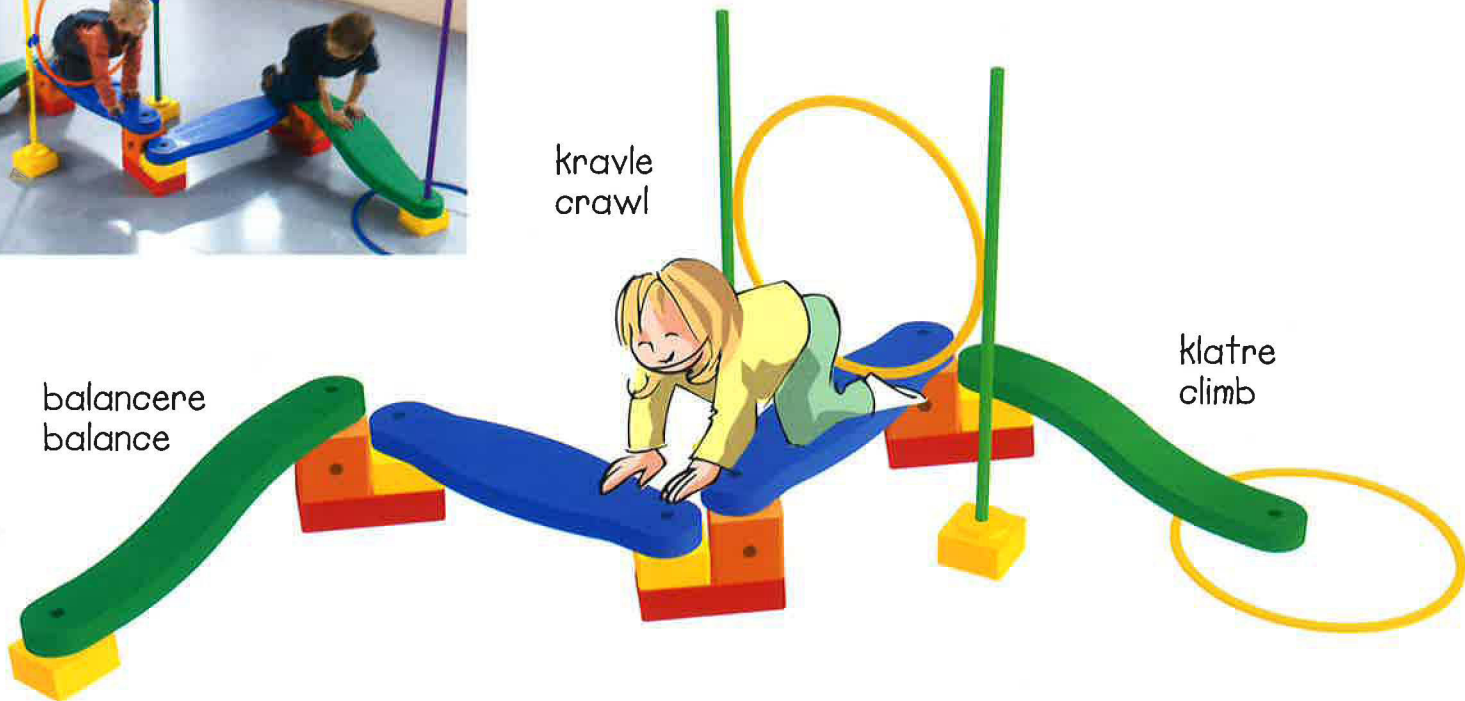
							
3	3	5	2	2	2	2	2

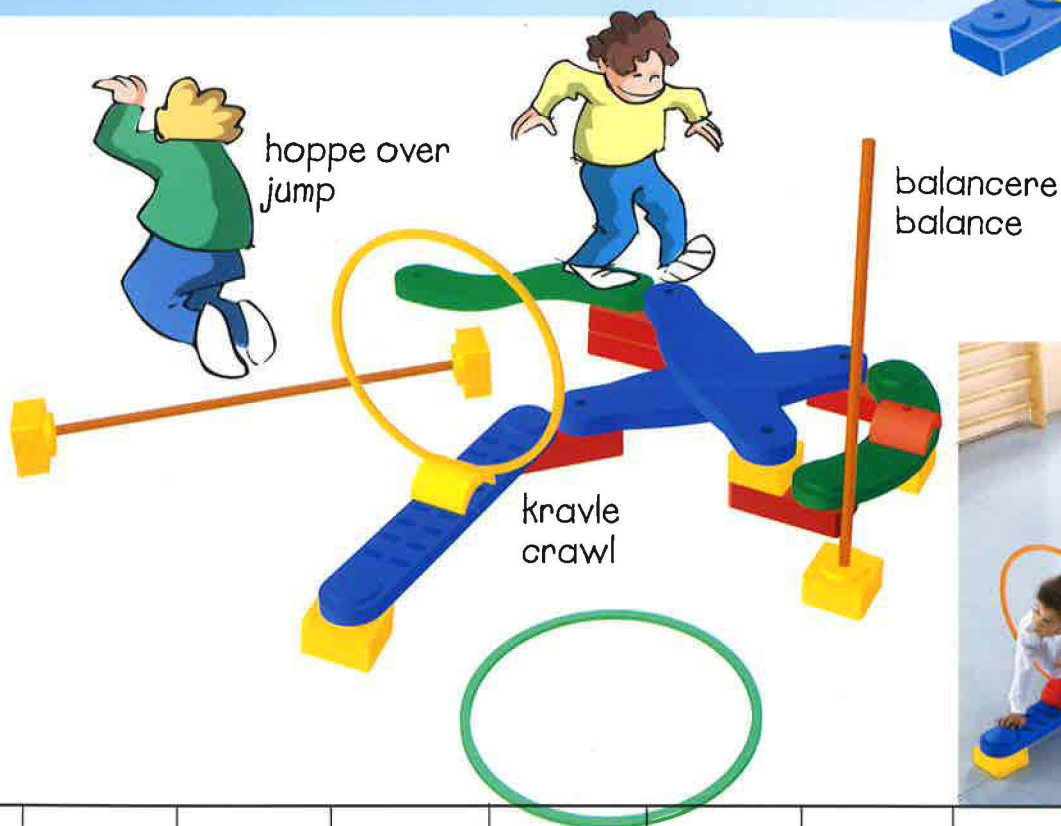


kravle
crawl

balancere
balance

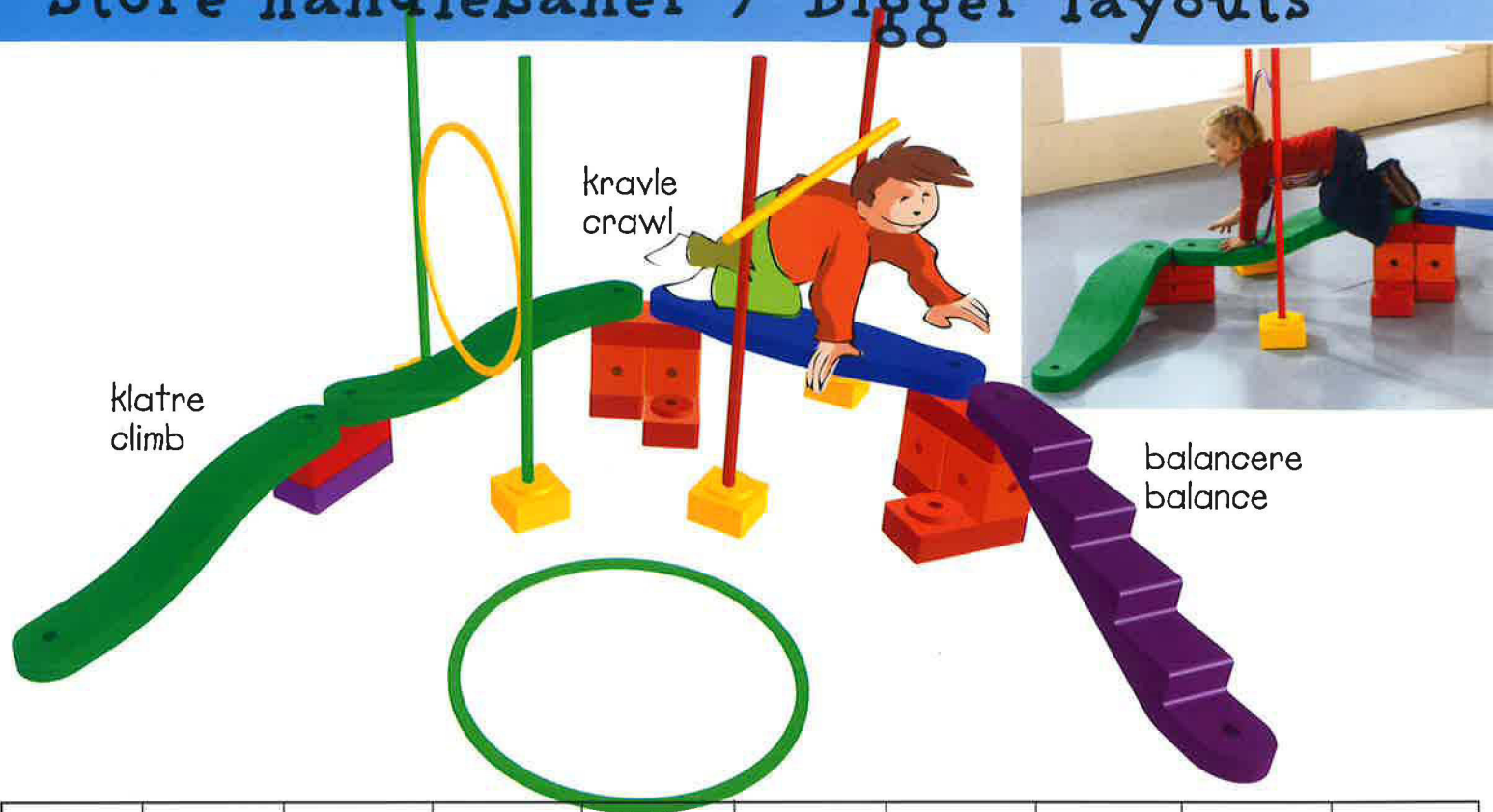
klatre
climb



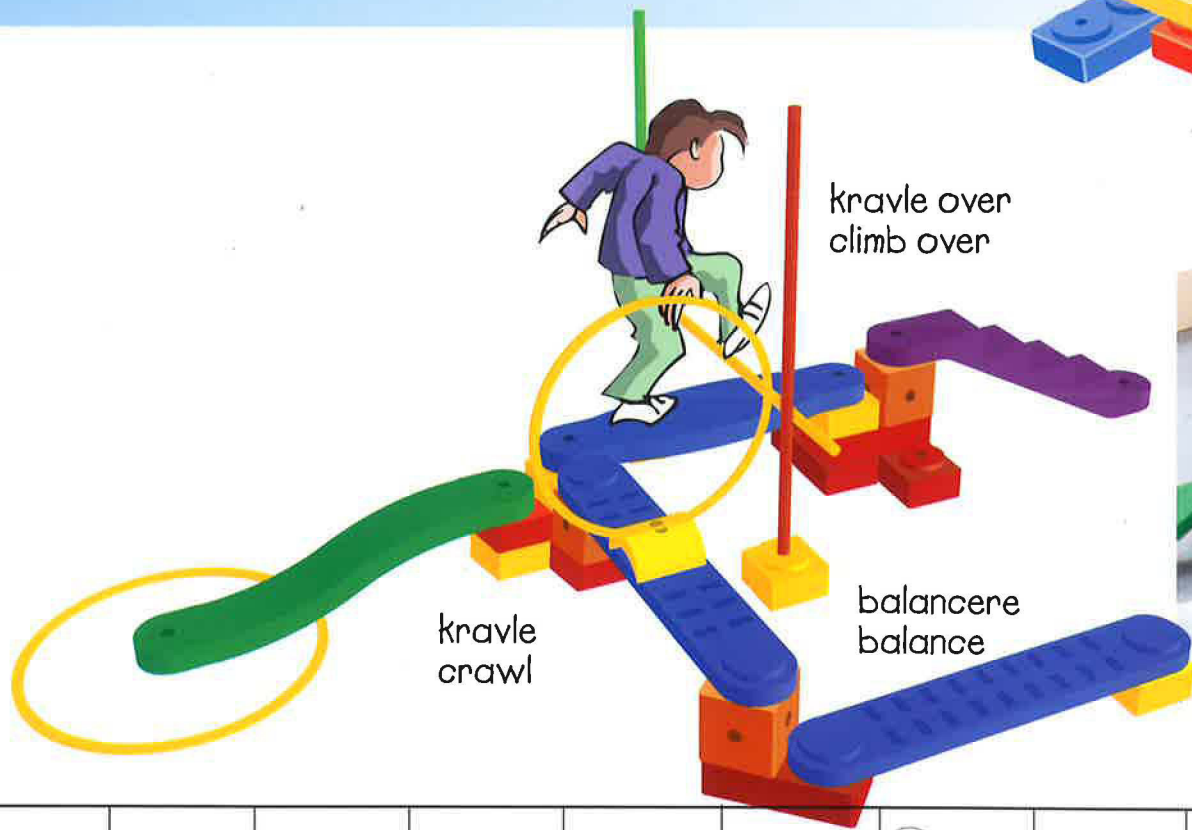


5	6	2	2	1	1	1	2	2

Store handlebaner / Bigger layouts



8	4	4	1	2	1	5	2	2	2



6	3	6	1	1	1	1	2	3	2

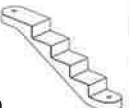
Store handlebaner / Bigger layouts

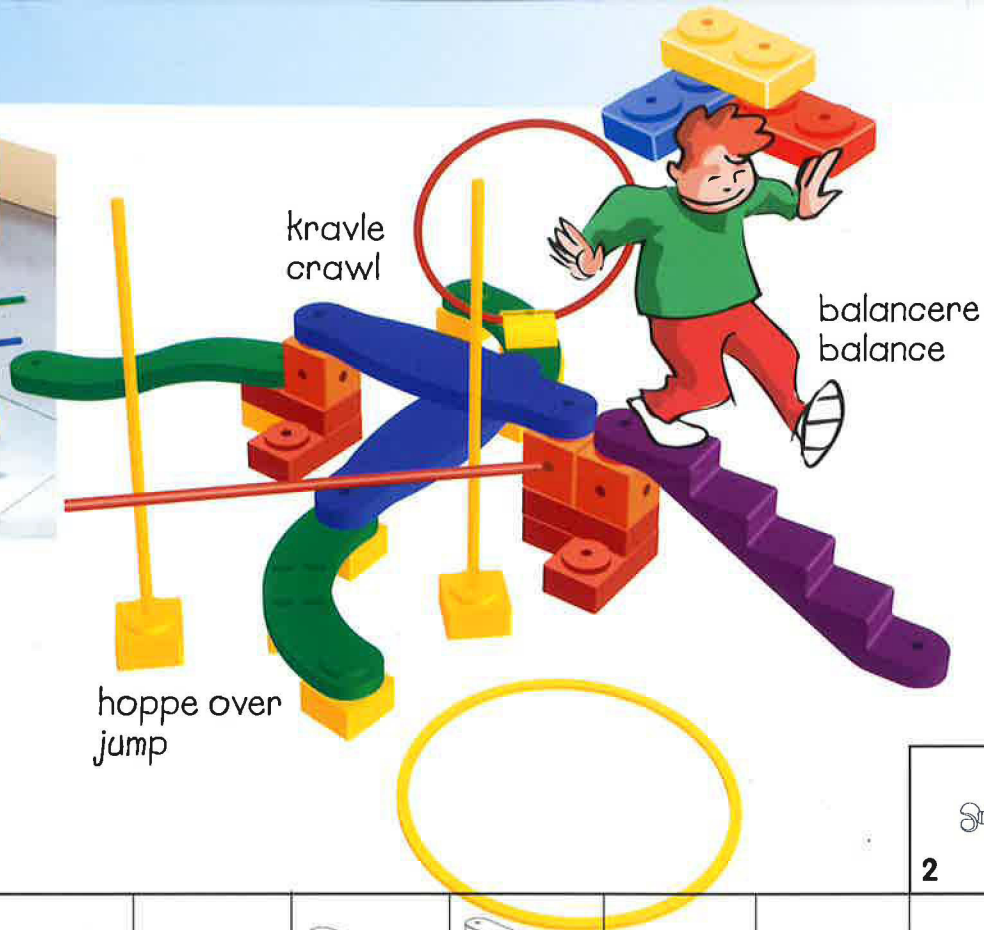


klatre
climb

balancere
balance

kravle over
climb over

								
7	3	7	1	2	1	2	3	2



6	4	9	1	2	1	1	2	3	2

Store handlebaner / Bigger layout



klatre
climb



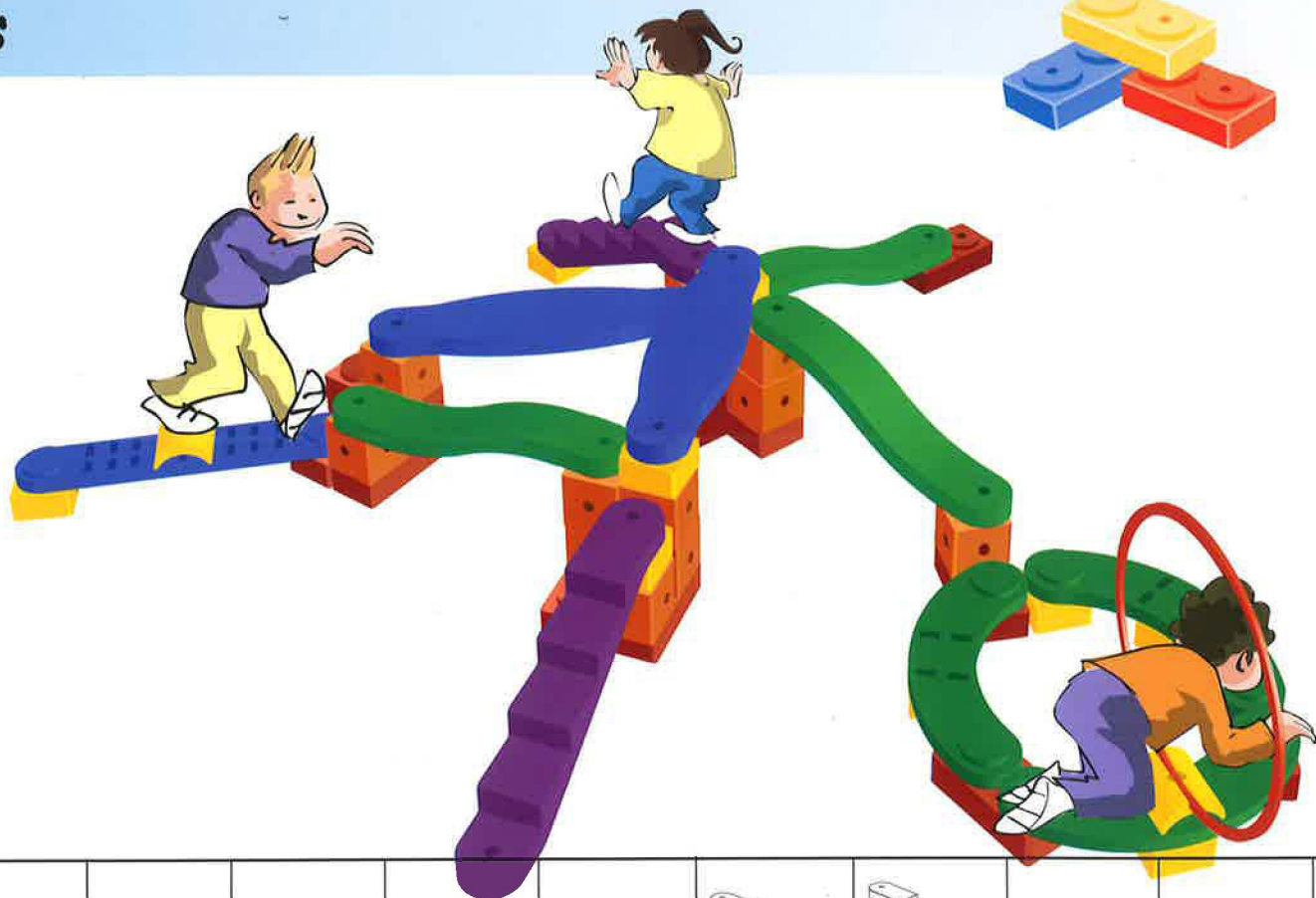
balancere
balance

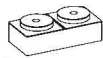
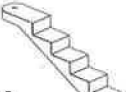
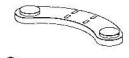


hoppe over
jump



						
14	10	17	1	1	1	4



									
10	18	10	2	2	3	2	1	3	1

Store handlebaner / Bigger layouts



					
21	14	7	6	5	1

Opbevaringssted / Location of equipment on premises :

[illegible]

Lærere og pædagoger har arbejdet og eksperimenteret med brugen af "Scogym". Eksperimenterne har vist at "Scogym" skaber en spændende udfordring:

- Børns selvtillid og evner udvikles i fleksible omgivelser.
- De leger i varierede rum af formen, størrelser og farven.
- De lærer nye bevægelser og udvikler motorikken.
- De oplever glæden ved at opstille nye forløb, og skaber derigennem uden farer deres egne motoriske omgivelser.

School teachers have been working and experimenting with the use of "Scogym". The experimentations have demonstrated that the "Scogym" create an exciting challenge :

- Children progress in ability and self confidence in a flexible environment.
- They play in variable spaces of shapes, volumes and colours.
- They learn new movements and motor skills
- They experience the pleasure of making up new sequences, thus without danger, creating their own motor skills environment